TIMES-VIRGINIAN

In The Heart of Virginia's Dark Tobacco Belt
Appomattox, Virginia
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MAN'S FOOD

(From: Winchester Star)

Assembled for a professional congress in New York, a group of chemists, all Nobel prize winners, discussed their specialities with the press.

An agricultural biochemist, Professor Virtanen of Finland, said that efficient application of present knowledge of agriculture would provide food for 4,000,000 people, or double the present world population.

Use of second-class vegetables, not now fit for human consumption, through use of special bacteria that can incorporate atmospheric nitrogen in the plant was mentioned. Nitrogen is the basic ingredient of all protein foods. Methods are known for pushing utilization of solar heat in plants up from 40 to 50 per cent. These processes could now be started.

Perhaps because it is out of their immediate field, the Nobel prize chemist did not mention what some experts consider the greatest potential source of food, as well as of medicines and minerals in the world—the Amazon basin.

The American specialist on Latin-American matters, Carleton Beals, has written much about this vast area of 2,700,000 square miles, even now to a large extent unexplored. Mr. Beals is convinced that in this region of jungle, pampas and highlands would be found potentialities of the utmost benefit to mankind.

WHAT EDITORS CAN DO

(From Eastern Shore News)

At the recent annual meeting of The Canadian Council of Churches, a report on "The Press" contains this paragraph: "Even if the newspaper editor is not to be looked upon as the fount of all knowledge and wisdom and although the final answer to such matters as politics, economics, monetary policy, and military strategy may be beyond him, yet in the field of moral principles and standards he can speak and write with authority. Through the columns of his editorial page he can take his stand on the side of decency and morality in opposition to those activities of individuals or of groups which tend to undermine the spiritual foundations upon which the nation, if it is to endure, must be built."

Battle asked to speed funds for hospitals.

Listen to The Country Editor on Radio Station WWOD, Lynchburg, at 7:15 P. M. each Friday.

Homemakers' Items

Recent expansion of "self-serve, ice" retailing of meats suggests a possible increase in the sales of frozen cuts.

As a result, housewives may have the opportunity to obtain beef that is somewhat more tender than unfrozen cuts.

The USDA Bureau of Animal Industry reports the tenderizing effect of freezing on a variety of representative cuts from veal calves, 500-pound steers, 900 pound steers, 3-year old barren heifers, and 12-year old cows. In general, natural tenderness which decreases with age of the animal, was increased by freezing. This occurred to the greatest degree in the meat from 900-pound steers. On the other hand, in veal and 12-year old cows, the most tender and the toughest, respectively, the tenderizing effect of freezing was least pronounced.

In the tests all the beef was "aged" at temperatures just above freezing. Tenderness was measured by a mechanical shearing device. After aging, samples from the same animals were then frozen and tested after thawing. In a give group, the toughest cuts, including foreshank and neck, were tenderized least by freezing.

To hold a plate or dish in an upright position in a cupboard or shelf, cut a strip from a piece of corrugated cardboard. Glue or thumbtack the strip in place near the back of the space where you want to put the plate. Paint the strip to match the woodwork.

Clean the waffle iron by placing a paper napkin soaked with household ammonia between the grids. Leave the napkin overnight. The ammonia loosens the grease. Wipe off with cloth or fine steel wool. Grease the grids with lard or oil and heat the iron thoroughly before using.

Safety Awards To Be Given

Richmond, Va., Sept. 19.- At a special award dinner to be held September 27 in Richmond, 20 Virginia cities will receive awards, to be presented by Governor John S. Battle, for the effective promotion of traffic safety during 1950.

The dinner, an annual affair, will be sponsored by the Automobile Club of Virginia, the Tidewater Automobile Association and the District of Columbia Motor Club. The toastmaster will be Burton S. Marsh, Safety Director for the American Automobile Association.

Seventeen cities will receive the National Safety Council award given to cities of more than 5,000 population for no traffic deaths during the year. These are Hopewell, South Norfolk, Winchester, Newport News, Hampton, Salem, Falls Church, Williamsburg, Wytheville, Big Stone Gap, Buena Vista, Clifton Forge, Marion, Covington, Virginia Beach, Pulaski and Galax. For Falls Church it is the eighth such award, for Clifton Forge, the seventh; for Williamsburg, the fifth; for Big Stone Gap, the fourth, and for Wytheville and Galax, the second.

Winner in the Governor's Highway Safety Committee annual Pedestrian Protection Contest were Norfolk, for cities of more than 50,000 population; Newport News, for those from 30 to 50,000; Harrisonburg, for those from 10 to 30,000 and Radford for thos of under 10,000.

In addition, the AAA will present Harrisonburg with a special award for overall efforts in the Association's National Pedestrian Protection Contest and Newport News with another for excellence in the keeping and use of accident records. A final award by the AAA will go to the State as third place winner in overall activities for states of her group.

Before making the presenations to the mayors and chiefs of police of the winning cities, Governor Battle will make a short talk on Virginia's traffic situation.

How to Prevent Common Cold

Now is the time precautions against the common cold, an infectious disease that becomes only too common about this time of the year with the onset of colder and dampher weather, the State Health Department announced today. Colds occur at all times of the year but are far more prevalent during the fall and winter months, according to state health officials.

Although not too much is known about the germs which cause colds, it is known that lowered body resistance makes a person more susceptible to catching colds. Some suggestions offered for preventing colds are:

1. Avoid drafts both at home and at work. At night do not allowe a stiff breze to blow over your bed.

2. Avoid exposure to dampness. If caught in a rainstorm, change into dry clothing as quickly as possible. Be especially careful about keeping your feet dry.

3. Keep the rooms where you work and sleep ventilated. See that they are not allowed to get too hot.

4. Eat a well balanced diet and pay more attention than usual to what you eat. Don't over-eat, and take more liquids than usual. An extra intake of fruit puices is a great help.

5. Keep the hands clean by frequent washing and keep them away from the mouth and nose at all times. Don't become germ - crazy, but pay more attention than usual to the added danger of contracting germ-disseminated diseases.

6. Keep general resistance as high as possible by avoiding physical fatigue. The best way to do this is to get as much rest as you can.

Sometimes you may get a cold in spite of all the precautions you take. If this happens, you should get all the additional rest possible, even if that means staying away from work for a few days. Avoid exposing other people to your cold as most colds are spread by person to person contact. Don't hesitate to call your doctor if you feel feverish, or take your temperature and find that you have a fever. The same is true if you show any other symptoms of a disturbing nature. Many other diseases begin with the same symptoms as those of the common cold.

STATE HIGHWAY DEPT. PURCHASES FERRY

The State Highway Department has bought from the Methodist Orphanage, of Richmond, the Gloucester - Yorktown ferry across the York River and will operate the line until the George P. Coleman Memorial bridge is completed in 1952.

The provisions of the Revenue Bond Act required acquisition by the Highway Department of the ferry and all facilities upon construction of a bridge. The state paid $758,646 for the property, including three ferry boats, all piers, docks, real estate, buildings and supplies.

Cost of the facility will be financed from Revenue Bond Act Funds and will be repaid from tolls. The Highway Department will operate the ferry on its regular schedule, and at former toll rates.

The York River bridge is scheduled to be finished about April next year, at which time the ferry boats will be used to supplement service at other river crossings. One of the boats will go to the White Stone-Grays Point run, another will provide greater carrying capacity on the Jamestown-Scotland Wharf line, and the third will be held in reserve as an auxiliary.

The ferry line was formerly owned by W. T. Ashe, of Hampton. Upon his death in 1949, thirds interest in the ferry was given the orphanage. The fourth of his widow is in complete control of the ferry line obtained by the orphanage.

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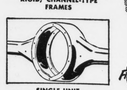
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From where I sit ... *by* Joe Marsh

Skip Makes a Slip

Miss Gilbert, the teacher, was telling me how Skip Lawson almost went to sleep in her physics class. She noticed him nodding and—since they were discussing electricity—said in a loud voice: "Now maybe MR. LAWSON will explain what electricity is." Skip started up, looked around wildly, and blurted out, "Gee! I used to know, but I forgot."

"That a loss to science!" sighs Miss Gilbert. "No one to this day knows what electricity really is, and here we have a genius who could explain it—but forgot!"

From where I sit, I hope this taught Skip that you're better off if you admit you don't know all answers. Some grownups haven't learned that yet—like the ones who are always telling other people what's best and what's right and what's wrong. I like a temperate glass of beer, myself, but if you prefer buttermilk I won't argue. I've seen too many "know-it-alls" turn out to be wrong!

Joe Marsh

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Rocks

Rocks, Sept. 24.- The farmers are busy saving hay, tobacco and corn.

Friends are glad to know Mrs. Jerry Smith returned from the hospital last Sunday.

Cassie Baldwin spent last Monday at Charlotte Court House with Mrs. C. M. Evans.

Workers of the Pamplin Dress Company were off last week due to lack of work.

Johnny Ranson missed two days from school last week because of a severe cold.

Friends are sorry to hear that S. Garlinghouse, of Riverdale, Md. has had one of his limbs taken off recently. We wish him a speedy recovery.

A good many were at Rocks on Wednesday night to see the picture Rev. J. Parks Hackney showed of his trip to California this summer.

Mr. and Mrs. Rodney Roach, of Lynchburg left Friday for Greenbelt, Md., where they went to visit her father, S. Hubert Martin and family.

A sad gloom was cast over our neighborhood Saturday morning when our neighbor and friend, E. S. Roach passed away at his home. He was ill only a few days.

Deepest sympathy is extended to his beloved wife and son.

Mr. and Mrs. L. M. Williams, of Waynesboro were called here over the week-end due to the death of her grandfather, E. S. Roa h.

Also Mr. and Mrs. Rodney Roash were called home from Maryland, due to the death of the former's grandfather, E. S. Roach.

Mrs. D. R. Inge and Cassie Baldwin spent Friday night in the home of Mr. and Mrs. E. S. Roach.

Miss Odelle Ranson called in the home of Mr. and Mrs. Toby Inge Friday night.

Mrs. D. W. Dinkins, of Lynchburg was in the neighborhood awhile last week.

Mrs. Fannie Gerhart, of Lansing, Michigan and Mrs. W. M. Gow, of Battle Creek, Mich., who have been visiting Mrs. E. S. Roach left today for Roanoke for a short visit before returning to their homes in Michigan.

A large crowd fathered here for the funeral of E. S. Roach Sunday afternoon.

Mrs. G. T. Marsh will go back to Lynchburg this week to see the doctor.

Richwood

Richwood, Sept. 25.- "A man should never be ashamed to own he has been in the wrong, which is but saying in other words, that he is wiser today than he was yesterday." —Quoted.

There will be a home-coming and dedication service at Central Baptist Church on Sunday, September 30. There will be morning and afternoon services. The public is invited to attend. Lunch will be served on the church grounds.

E. R. Davis and son and Atwell Powell and son, of Lynchburg were the guests Sunday of Mr. and Mrs. D. A. Pugh.

Miss Jean Blazer, who has been sick with flu, is much better at this writing.

Sharp Moore has been spending a few days with his parents, Mr. and Mrs. John Moore.

Jessie Blazer and son visited with Mr. and Mrs. Earl Williams Sunday afternoon.

Travis Wooldridge was the guest of Miss Estelle Wooldridge and family Sunday.

Harold Marsh was the guest Sunday of Mr. and Mrs. D. A. Pugh.

John Moore visited with Mr. and Mrs. Earl Williams Friday evening. Mrs. Williams is ill at this writing.

Stiff election contest seen as the British prepare to elect a new parliament.

V. M. I. and Richmond U. meet in Richmond Saturday night.

GI's win Korean peak after costly battle.

No major price changes are seen in immediate future.

Gaming investigation in Newport News now in third week.

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